

**MEETING SCHEDULES  
ALCOHOLICS ANONYMOUS  
NORTHERN CALIFORNIA INTERGROUP**

[www.aanorcal.org](http://www.aanorcal.org)

*Revised: 2/7/17*

**GREATER REDDING AREA,  
SHASTA, TEHAMA,  
AND TRINITY COUNTIES MEETINGS**

**FOR SISKIYOU COUNTY MEETINGS:**

<http://siskiyoucountyalcoholicsanonymous.wordpress.com/>

**FOR LASSEN AND MODOC COUNTY MEETINGS:**

<http://www.nnig.org/California.htm>

**ALCOHOLICS ANONYMOUS HOTLINE:**

**(530) 225-8955**

**Mailing Address:**

Northern California Intergroup  
P.O. Box 991107, Redding, CA 96099

**Office:**

1050 State Street, Redding, CA 96001  
Office open during AA meetings 7 days per week

**MEETING KEY**

<b>O:</b> Open to all interested in AA	<b>M:</b> Men's Meeting
<b>C:</b> Closed - only for those who desire to stop drinking	<b>A:</b> Wheelchair Accessible
<b>G:</b> Gay, Lesbian & Bi-Sexual Open Meeting	<b>D:</b> Discussion Meeting
<b>W:</b> Women's Meeting	<b>S:</b> Speaker Meeting
<b>I:</b> Interpreter for the Deaf (sign)	<b>B:</b> Sobriety Birthdays

*All meetings are one hour unless otherwise specified*

Please email: [norcalintergroup@gmail.com](mailto:norcalintergroup@gmail.com) or call the Office with all meeting changes/additions

\* NorCal Intergroup Board Meets 4th Tuesday of the month 6 - 7:30 pm at Redding Library

\*\* District 11 Meeting 2nd Sunday of the month 3:30 - 5 pm at First Methodist, 1825 East St.

\*\*\* Hospitals & Institutions Meeting 1st Tuesday of the month 6 - 7pm at 1050 State Street upstairs meeting room

PI/CPC Meeting: 3rd Monday of each month 5:30 pm at Redding Library

**AL-ANON**

(530) 376-0159  
or Kathy at 530.243.5849

# Redding Area Meetings

<b>MONDAY</b>					
FIRST THINGS FIRST	1050 State Street	7:00am	8:00am	OA	
LZ HOPE VETERANS	351 Hartnell Ave (Rm D-14) no holiday mtgs	11:45am	12:45pm	OA	
BIG BOOK STUDY	1050 State Street	12:00pm	1:00pm	OA	
FREEDOM BOUND GROUP	1050 State St (Women) (no kids over 1 yr old)	5:30pm	7:00pm	CWA	
THE STEPS WE TOOK	2150 Benton Dr (All Saints Church)	5:30pm	7:00pm	CM	
STEPPING OUT SISTERS - 12X12 STUDY	2150 Benton Dr. (All Saints Church)	6:00pm	7:00pm	OW	
MONDAY NIGHT LIVE (CHIPS)	1050 State Street (upstairs) (Birthdays)	6:00pm	7:00pm	O	
THE RULE 62 GROUP	1825 East St (Rm12) First Methodist Church	8:00pm	9:00pm	O	
BEACON ON BENTON GROUP	2150 Benton Dr (All Saints Church)	8:00pm	9:00pm	O	
<b>TUESDAY</b>					
SOUP BONE GROUP	1825 East St (Rm12) First Methodist Church	7:00am	8:00am	OD	
SOLUTIONS GROUP	1050 State Street	7:00am	8:00am	OD	
TUESDAY CONNECTION	1050 State Street	12:00pm	1:00pm	OH	
FREE AT LAST	1905 Hartnell (Center for Spiritual Living)	5:30pm	6:30pm	OD	
NEW START	1050 State Street	6:00pm	7:00pm	OD	
REDDING YOUNG PEOPLE'S GROUP	1825 East St (Rm12) First Methodist Church	6:00pm	7:00pm	O	
TUESDAY WOMEN'S CANDLELIGHT	1237 California Street (Empire Recovery)	7:30pm	8:30pm	OAW	
TUESDAY MEN'S STAG	1050 State St (Men's Meeting)	7:30pm	9:00pm	CMA	
TUESDAY NIGHT MEDITATION	1825 East St (Rm12) First Methodist Church	8:00pm	9:00pm	O	
<b>WEDNESDAY</b>					
EARLY BIRD GROUP	1050 State Street	7:00am	8:00am	OA	
MEDITATION MEETING	1825 East St (Rm12) First Methodist Church	7:00am	8:00am	OA	
WEDNESDAY WOMEN'S NOON GROUP	1050 State Street	12:00pm	1:00pm	WC	
GETTING WELL	1050 State Street (upstairs)	12:00pm	1:00pm	OD	
NO VALLEY TRUDGERS BOOK STUDY	2150 Benton Dr. (All Saints Church)	5:30pm	6:30pm	O	
HOT TOPICS	Trendy's Café (Gold & Railroad St.)	5:30pm	6:30pm	O	
SOUNDNESS OF MIND	1050 State Street	6:00pm	7:00pm	OA	
WEDNESDAY NIGHT LIVE	2150 Benton Dr. (All Saints Church)	7:00pm	8:30pm	C	
NIGHT OWLS	1825 East St (Rm12) First Methodist Church	10:00pm	11:00pm	O	
<b>THURSDAY</b>					
SOUP BONE GROUP	1825 East St (Rm12) First Methodist Church	7:00am	8:00am	O	
ANY LENGTHS	1050 State Street	7:00am	8:00am	OA	
JOURNEY TO HEALTHY THOUGHTS	2500 Shasta View (St James Church ~Women)	12:00pm	1:00pm	OW	
WE CARE GROUP ~ As Bill Sees It	1050 State Street	12:00pm	1:00pm	OA	
CARRY THIS MESSAGE	2150 Benton Dr. (All Saints Church)	5:30pm	7:00pm	CW	
SERENITY SISTERS Big Book Study	2500 Shasta View (St James Church ~Women)	5:30pm	6:30pm	CW	
FREE AT LAST II	2170 Hartnell Ave (Missionary Baptist Church)	5:30pm	6:30pm	O	
NO NAME GROUP (MEN'S GROUP)	1825 East St (Rm11) First Methodist Church	6:00pm	7:00pm	CM	
PROMISES GROUP ( <b>SIGNING FOR DEAF</b> )	1050 State Street	6:00pm	7:00pm	OAI	
CAMPFIRE GIRLS	1435 Oak St. (off Placer St.)	7:30pm	8:30pm	OW	
LAKESIDE CAMPFIRE GROUP	12194 Lake Blvd	7:30pm	whenever	O	
<b>FRIDAY</b>					
CABLE CAR GROUP	1050 State Street	7:00am	8:00am	O	
LZ HOPE VETERANS	351 Hartnell (Rm D-14) VA Clinic	12:00pm	1:00pm	OA	
GET A GRIP	1050 State Street	12:00pm	1:00pm	OA	
STEP SISTERS GROUP (Women)	1050 State Street (upstairs)	12:00pm	1:00pm	CW	
WE AGNOSTICS (Secular Meeting)	1825 East St., First United Methodist	5:30pm	6:30pm	C	
HAPPY HOUR GROUP	1050 State Street	6:00pm	7:00pm	O	
NEW HOPE	1066 LeBrun Lane (so of Hartnell off Churn Creek)	6:00pm	7:00pm	O	
IT'S ALL GOOD	10582 Old Oregon Trl (Between Hwys 299 & 44)	6:30pm	7:30pm	O	
FRIDAY YOUNG PEOPLE	1825 East St., First United Methodist	8:00pm	9:00pm	O	
WESTSIDE GROUP	2040 Walnut Ave (off Airpark Road)	8:00pm	9:30pm	C	
(First Friday each month is a birthday meeting and is an open meeting)					
<b>SATURDAY</b>					
SOBER GROUP	1050 State Street	8:00am	9:00am	OA	
LEBRUN	1066 LeBrun Lane (so of Hartnell off Churn Creek)	10:00am	11:00am	O	
AFTERNOON TOPICS GROUP	1050 State Street (upstairs)	1:00pm	2:00pm	OD	
IT WORKS	1050 State Street	6:00pm	7:00pm	OA	
INTERGROUP SPEAKER MTG (2nd Sat each mo)	2150 Benton Dr. (All Saints Church)	7:00pm	8:00pm	O	
REDYPAA Speaker (3rd Saturday of each month)	1050 State Street	8:00pm	9:00pm	O	
SATURDAY NIGHT SPEAKERS MTG.	Empire recovery Center	8:00pm	9:00pm	O	
<b>SUNDAY</b>					
11th STEP MEDITATION MEEETING	2315 Placer St (Back of Presbyterian Church)	8:00am	9:00am	O	
SUNDAY MORNING GRATITUDE SPEAKER	1050 State Street	10:00am	12:00pm	OSA	
FLOATING GROUP	1050 State Street	6:00pm	7:00pm	CA	
SUNDAY EVENING CANDLE LIGHT GROUP	1050 State Street (Birthday meeting every night)	7:30pm	8:30pm	BA	

# Tehama County Meetings

## CORNING, CA MEETINGS

<b><u>MONDAY</u></b>	Believers Spiritual Recovery Center - 783 Solano Street	12pm and 7 pm	OA
<b><u>TUESDAY</u></b>	Believers Spiritual Recovery Center - 783 Solano Street	12pm and 7 pm	OA
<b><u>WEDNESDAY</u></b>	Believers Spiritual Recovery Center - 783 Solano Street	12:00pm   whenever	OA
<b><u>THURSDAY</u></b>	Believers Spiritual Recovery Center - 783 Solano Street	12pm and 7 pm	OA
<b><u>FRIDAY</u></b>	Believers Spiritual Recovery Center - 783 Solano Street	12:00pm   whenever	OA
<b><u>SATURDAY</u></b>	Believers Spiritual Recovery Center - 783 Solano Street Last Sat B-day Night	12pm and 7 pm	OA
<b><u>SUNDAY</u></b>	Believers Spiritual Recovery Center - 783 Solano Street	1:00pm   whenever	OA
<b><u>SUNDAY</u></b>	Sunset Hope, RTNA (Rec Hall) 17605 Park Terrace Rd.	7:30pm   8:30pm	O

## RED BLUFF, CA MEETINGS

<b><u>MONDAY</u></b>				
EXPERIENCE, STRENGTH & HOPE	625 Luther Rd. (Highpoint Assembly)	10:00am	11:00am	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	12:00pm	1:00pm	O
LADIES NIGHT OUT	Jefferson & Elm (Episcopal Church)	6:30pm	7:30pm	W
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	5:30pm	6:30pm	O
MONDAY MEN'S STAG MEETING	Jefferson & Elm (Episcopal Church)	8:00pm	9:00pm	M
<b><u>TUESDAY</u></b>				
EXPERIENCE, STRENGTH & HOPE	625 Luther Rd. (Highpoint Assembly)	10:00am	11:00am	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	12:00pm	1:00pm	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	5:30pm	6:30pm	O
ALKIES IN ACTION	925 Madison St. (Big Book Study)	6:30pm	7:30pm	O
<b><u>WEDNESDAY</u></b>				
EXPERIENCE, STRENGTH & HOPE	625 Luther Rd. (Highpoint Assembly)	10:00am	11:00am	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	12:00pm	1:00pm	O
SERENITY BY THE RIVER	Villa Columbia Rio & Sycamore	6:00pm	7:00pm	OA
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	5:30pm	6:30pm	O
<b><u>THURSDAY</u></b>				
EXPERIENCE, STRENGTH & HOPE	625 Luther Rd. (Highpoint Assembly)	10:00am	11:00am	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	12:00pm	1:00pm	O
ALKIES IN ACTION	925 Madison St.	6:30pm	7:30pm	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	8:00pm	9:00pm	O
<b><u>FRIDAY</u></b>				
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	12:00pm	1:00pm	O
ATTITUDES IN ACTION	Jefferson & Elm (Episcopal Church) B-day Mtg	7:00pm	8:00pm	OB
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	5:30pm	6:30pm	O
<b><u>SATURDAY</u></b>				
NEW HOPE GROUP	Villa Columbia Rio & Sycamore	10:00am	11:00am	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	12:00pm	1:00pm	O
SPEAKER / POT LUCK	785 Musick Street (corner of Jackson & Musick) Speaker at 8pm last Saturday of the month	6:30pm	9:00pm	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	5:30pm	6:30pm	O
<b><u>SUNDAY</u></b>				
SPIRITUAL PROGRESS	Villa Columbia Rio & Sycamore	8:30 AM	9:30am	OA
H & I MEETING	Villa Columbia Rio & Sycamore	9:30am	10:30am	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	12:00pm	1:00pm	O
LIVE & LET LIVE	785 Musick Street (corner of Jackson & Musick)	5:30pm	6:30pm	O
ALKIES IN ACTION	925 Madison St.	6:30pm	7:30pm	O

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## SHASTA COUNTY MEETINGS OTHER THAN REDDING

<b><u>ANDERSON</u></b>					
SATURDAY	SATURDAY MORNING ANDERSON 8085 Airport Rd (Across from Kent's N	8:30am	9:30am	O	
THURSDAY	ANY LENGTHS GROUP ~ South & Freeman Avenues (Valley Christian Cntr	6:00pm	7:00pm	O	

<b><u>BURNEY</u></b>					
MONDAY	MUSTARD SEED GROUP ~ Presbyterian Church ~ Big Book - 12&12 Study (Beau or Sue 530.335.2093)	7:00pm	8:00pm	O	
WEDNESDAY	Presbyterian Church (Beau or Sue 530.335.2093)	8:00pm	9:00pm	O	
FRIDAY	Presbyterian Church (Beau or Sue 530.335.2093)	8:00pm	9:00pm	O	

<b><u>COTTONWOOD</u></b>					
SUNDAY	3 LEGACIES GRP/Assm of God Church/ 20404 Gas Point Rd /Candlelight r	6:00pm	7:30pm	O	
MONDAY	WOMEN'S NO MATTER WHAT GROUP ~ 20404 Gas Point Road	6:30pm	7:30pm	OWAB	

<b><u>FALL RIVER MILLS</u></b>					
MONDAY	HOSPITAL GROUP ~ 43563 hwy 299 East ~ Mayers Hospital	7:00pm	8:00pm	O	

<b><u>HAPPY VALLEY</u></b>					
WEDNESDAY	ONE DAY AT A TIME ~ 5400 Happy Valley Road (Happy Valley Comm Cntr	7:00pm	8:00pm	O	

<b><u>PALO CEDRO</u></b>					
TUESDAY	PALO CEDRO GROUP 9387 Deschutes Rd. (Community Church)	7:00pm	8:00pm	O	

<b><u>SHASTA LAKE CITY</u></b>					
THURSDAY	SERENITY GROUP 3440 Shasta Dam Blvd. (St Michael's Church)	7:00pm	8:00pm	O	

<b><u>SHINGLETOWN</u></b>					
SUNDAY	FLIMSY REED GROUP Black Butte Elementary 7752 Ponderosa	7:00pm	8:00pm	O	
WEDNESDAY	FLIMSY REED GROUP Black Butte Elementary School Rm 16	7:00pm	8:00pm	O	

<b><u>WHITMORE</u></b>					
FRIDAY	WHITMORE FELLOWSHIP GROUP Grace Community Church	7:00pm	8:30pm	C	

## TRINITY COUNTY MEETINGS

<b><u>COFFEE CREEK</u></b>					
THURSDAY	LIGHTER SIDE ~ Call 226-3636 for directions	5:00 PM	6:00 PM	OW	

<b><u>HAYFORK</u></b>					
WEDNESDAY	HAYFORK HAYWIRES Tule Creeek Rd/ HWY 3 (Solid Rock Church)	7:00pm	8:00pm	OD	
FRIDAY	UNITY MEETING Tule Creeek Rd/ HWY 3 (Solid Rock Church)	7:00pm	8:00pm	O	

<b><u>HYAMPOM</u></b>					
TUESDAY	BIG BOOK STUDY Community Hall	6:00pm	7:00pm	O	

<b><u>LEWISTON</u></b>					
TUESDAY	STEP STUDY 302 Texas Avenue Community Center	7:00pm	8:00pm	O	
FRIDAY	CCC GROUP 302 Texas Avenue Community Center	7:00pm	8:00pm	OD	

<b><u>MAD RIVER</u></b>					
SUNDAY	THE MAD GROUP 1555-C Van Duzen Rd (Next to Community Center)	2:00pm	3:00pm	O	
WEDNESDAY	THE MAD GROUP 1555-C Van Duzen Rd (Next to Community Center)	5:30pm	6:30pm	O	

<b><u>TRINITY CENTER</u></b>					
MONDAY	NORTHERN LIGHTS Scott & Mary Avenues (Old Fire House) Open Discus	6:00pm	7:00pm	OD	

<b><u>WEAVERVILLE</u></b>					
TUESDAY	LAST HOUSE ON THE BLOCK GROUP Trinity PUD Building	6:00pm	7:00pm	OD	
WEDNESDAY	TRINITY ALPS GROUP - St Patrick's Church Chuch St off Court St	6:00pm	7:00pm	OAD	
THURSDAY	FIREHOUSE 12 + 12 Step Study, Weaverville Fire Hall 10 Bremer St.	6:00pm	7:00pm	OA	
FRIDAY	FRIDAY NIGHT SPECIAL Trinity PUD Building	7:00pm	8:00pm	OA	
SATURDAY	CANDLELIGHT GROUP HWY 299 (Holy Trinity Lutheran Church)	7:00pm	8:00pm	SDO	

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